

All Souls Episcopal Church

Weekly Update

Together We: Respond to God, Love Each Other, Serve in Faith

This Sunday, March 15th, all are invited to worship online with The National Cathedral as they livestream a worship service with Presiding Bishop Michael Curry preaching!!

The service is at 11am, and here is the link:

https://www.youtube.com/watch?v=aUGZLwnLhUU&feature=youtu.be&fbclid=IwAR3ohlYe-e0oh1TW7Biq3GBwoxVhiZFY1PLKAm_T23wEYIFVhPfjSwjO3-A

The Rev. Katherine Dougherty can be contacted by email at

revkdougherty@gmail.com

and by phone at (804) 559-9302

For emergencies and pastoral care concerns, please call

Rev. Katherine at (434) 989-5067

Check the website! <http://allsoulsva.org>

Announcements/Reminders:

Your Reverend's Reflections...

Dear great, good folks of All Souls,

As many of you may know, I love snow! To me, snow is like little frozen gifts from heaven. As the weather shifts and the clouds roll in, I can smell the crispness of the air and the whispering of snow on its way. I am also an optimist. So when our world and/or life offers up challenging times, I try to find a gentler way of thinking about it. I may still feel anxious or angry, and yet if I can frame it for myself with some optimism, I can lean into God's gift of hope.

Why am I talking about snow when the flowers are blooming? The news and movement of this flu-like virus and its arrival in Virginia makes us all a bit anxious. So...what if we looked at this new practice of "social distancing" as if it's a snow day. Snow has arrived. We are all being encouraged to stay home. No, not all the work will get done, and we may need to cancel some of our appointments or plans. How can we use this time to slow down, to stay home and work on a project we've been meaning to do, to relax and read a book or watch a silly movie? This storm will eventually pass, and we will get back to being busy again.

Love – *Katherine+*

Prayer and Worship Resources in this time and space of “Social Distancing”

A variety of us are working on creative ways for us to stay connected as All Souls. We are compiling a list of resources so folks can attend worship, go to meetings, start a prayer practice, and connect with others as we limit our exposure to group gatherings. As Bishop Susan said yesterday, we cannot stop this virus or control it yet, but we can slow down its movement so to care for one another and so to not overwhelm our health care systems. Social Distancing is the practice of reducing the physical gathering of people in order to reduce exposure and spread.

Below is the beginning of our list of resources.

Sunday Worship

This Sunday, March 15th, join me and many others online and let's worship at The National Cathedral. Though the Cathedral is also closed, they will be livestreaming Sunday's service. Presiding Bishop Michael Curry will be preaching!! The service is at 11am, and here is the link:

https://www.youtube.com/watch?v=aUGZLwnLhUU&feature=youtu.be&fbclid=IwAR30hIYe-e0oh1TW7Biq3GBwoxVhiZFY1PLKAm_T23wEYIFVhPfjSwjO3-A

You can read more about it by going to the National Cathedral's website at <https://cathedral.org>

Daily Prayer and Devotions

Prayer is a great way to slow down our fears and remember that God is with us. What if I'm not sure how to pray or what to say? Common question! Our Book of Common Prayer is a wonderful resource to use. The prayers are already there.

- Morning Prayer – page 80 in our Prayer Book. You can read it together with your family or you can read it by yourself. Attached to the eNewsletter email this week is a copy of Morning Prayer in case folks don't have a Prayer Book. It's a nice way to start the day turning our attention to God and remembering that God is with us.
- Compline – page 127 in our Prayer Book. Just like Morning Prayer, you can read it with your family or you can read it by yourself. A printed copy of Compline is also attached to the eNewsletter email. Compline is prayed at the end of the day, and it may just be my favorite prayer service!

**if you would like a printed copy of either Morning Prayer or Compline, you can pick them up at The Atlee House. If you aren't comfortable doing that or need it delivered/mailed, we are happy to do that. Email Katherine at revkdougherty@gmail.com

<https://virtual-chapel.com/>

What a beautiful resource!! The deacons from The St. Phoebe School for Deacons, the Virginia-based program that trains folks to become deacons, have created an online chapel for prayer. How creative is that?! The deacons will host *Daily Morning Prayer* Monday-Saturday, as well as a full service of Sunday Morning Prayer with Sunday's lectionary readings, music, and the ability for those who cannot be physically present in our parishes to know you are held in community.

<https://pray-as-you-go.org/>

Pray as You Go is both a website and app you can get on your phone. It's a 10-minute meditation with reading of scripture and guided meditation. It's quite wonderful.

<https://www.ssje.org/word/>

The Society of St. John the Evangelist is a wonderful resource for daily prayer and contemplative practice, especially their "Signs of Life" Lenten practice created in collaboration with the VA Theological Seminary.

<https://prayer.forwardmovement.org/>

This is the prayer site from Forward Movement, you may know them from their Day by Day publications. This is the website, there is also an app you can download on your phone for a small fee. It has everything you need for the Daily Office including the Lectionary readings.

**We will continue to work on virtual/online ways for us
to "gather" as the body of Christ.**



Holy, Gracious, Loving God; Our times are in your hands, and these times have brought us to a strange moment. We read the news. We hear the stories. We know of people who have either tested positive for the Coronavirus or have been in a room with people who have tested positive. And we wonder. We know that there is fear out there, and we ask you to help us to turn this fear, our fear, into an opportunity for your love. We pray for all who have been affected by this illness, for those who are afraid, for all healthcare workers, for our hospital system, for all leaders who are making decisions that affect their people. Guide us all, because we haven't done this before and we are figuring out how to do it as we are doing it. Lead us, bless us, fill us with your peace and with your presence, so that our faith may always exceed our fear, and that we may be a part of the healing work that you are doing. And we pray it all in Jesus' name. Amen.



More Resources on Coronavirus

Read Bishop Susan's latest communique:

<http://www.thediocese.net/news/covid-19-and-worship/>

See the Diocese of Virginia's Resource Page here:

<http://www.thediocese.net/news-and-events/covid-19-resources/>




Fusion for 2020

Mark your calendars – Fusion will be meeting on the following Sundays: April 5th and 26th, May - TBD.

Want to learn about bullet journaling?

You're invited to join the ladies of All Souls and Emmanuel Brook Hill to enjoy great conversation and food as we get to know each other and feed our souls. This month, Mary Alexander will teach us about bullet journals! We will meet **Saturday, April 4 (this is a new date)**, 10 AM - 12 PM at Emmanuel Episcopal Brook Hill, 1214 Wilmer Avenue. Call Ginny (804-366-8259) or Rebecca (804-513-3905) or Barbara (678-910-4601) if you need a ride.





With the new Vestry, who is the liaison for the different areas of ministry?

Worship – Tricia Williams
Hospitality – Rosann Brown
Outreach – Rick Morrison
Congregational Care – Rebecca Owen
Formation – Rev. Katherine
Buildings & Grounds/Jr. Warden – Tim Binner
Sr. Warden – Tracy Vail Rhodes

Suicide Prevention Resources

Suicide is a major public health concern and is among the leading causes of death in the United States. The list of resources below are helpful for anyone affected by suicide.

- **Suicide Prevention Lifeline**: Open 24 hours a day. Call 1-800-273-8255 or [chat](#).
- **Virginia Peer-Run Warm Line**: Open Monday - Friday 9 a.m. - 9 p.m., Saturday - Sunday 5-9 p.m. Call 866-400-6428.
- **National Alliance on Mental Illness | Virginia**: Online resources to help those helping people in crisis.
- **American Foundation for Suicide Prevention**: Find support for anyone affected by suicide.

Ministry Teams – Vestry Liaisons and Team Leaders

For any questions or suggestions regarding the various ministries of All Souls, please feel free to contact the related vestry liaison or Team leader, as listed below.

Vestry Liaisons and Officers

Tracy Vail Rhodes
Tim Binner
Rebecca Owen
Tricia Williams
Rosann Brown
Rick Morrison
Rev. Katherine Dougherty
Pat Pace (Co-Treasurer)
Janet Aylor (Co-Treasurer)
Catherine Hancock (Secretary)

Sr. Warden
Jr. Warden; Buildings and Grounds
Congregational Care
Worship
Hospitality & Parish Get-togethers
Outreach
Formation
Finance Team
Finance Team/Stewardship
Vestry Committee Register

Ministry Team Leaders:

**Youth Ministries
Children’s Ministry
Parish Life and Hospitality
Faith Formation
Stewardship
Pastoral Care**

**Rachael Stewart
Donna Haynes
Peter Sutton
Rebecca Owen
Tracy Vail Rhodes/Lee Hanchey
Catherine Hancock**

We invite each of our members to discern where you feel called to serve in any of All Souls’ ministries. Please contact any of our vestry liaisons either by phone or e-mail with ideas or interests.

Please send Donna dmhaynes@comcast.net any information that you would like included in the weekly newsletter. Thanks!

March Volunteer Schedules

Acolyte Schedule

March 29 Janet Aylor and Julia Sutton

Altar Guild Schedule

Altar

Bread

March 29

Readers and LEMS

March 29 Rosann Brown and Donald Brown

Children’s Team Schedule

Date	Nursery	Sunday School
March 29	Kim Binner	Dorothy & Molly

Greeters & Ushers

Date	Greeter	Usher
March 29	Rodney Williams Family	Greg Haynes

Counters of the Offering

March 29 Tim Binner and Dorothy DeJong

READINGS for Sunday, March 15

Sunday's readings may be found here:

https://www.lectionarypage.net/YearA_RCL/Lent/ALent3_RCL.html

Vestry and Vestry Committee

Tracy Vail-Rhodes, Senior Warden	tracy.rhodes@capitalone.com	804-380-0948
Tim Binner, Junior Warden	tbinner_new@yahoo.com	804-366-7397
Tricia Williams	tpl1031@gmail.com	804-754-5312
Rebecca Owen	rebeccahowen@gmail.com	804-513-3905
Rosann Brown	rosann_brown@bshsi.org	804-334-6968
Rick Morrison	RMorr97660@aol.com	704-222-0860
Pat Pace, Co-Treasurer	patphp55@aol.com	804-572-5325
Janet Aylor, Co-Treasurer	jaaylor@yahoo.com	804-338-1081
Catherine Hancock	ckhancock@comcast.net	804-512-9203

Staff

The Rev. Katherine Dougherty, Vicar	revkdougherty@gmail.com	559-9302 office, (434) 989-5067 cell
Dave Greennagel, Music Director	davegreennagel@gmail.com	804-513-3577
Davina Winn, Administrative Assistant	allsoulsvaoffice@gmail.com	559-9302 office

Calendar of Events

03/29 9:15 AM Holy Eucharist, Rite II, Messiah Lutheran

03/29 10:50 AM Christian Formation for all ages, Messiah Lutheran